

National Care Leavers Month - #NCLM

Saturday 1st November to Sunday 30th November 2025

Calendar of Events, Campaigns and Activities.
during and around NCLM

The Alliance for Looked After Children & Care Leavers and care-experienced young people from across the country are working together to share ideas, collaborate, and coordinate some planned activities for this year's National Care Leavers Month.

We have created this information booklet with the theme, call to action and a summary of events, campaigns and activities taking place across the country.

Please share it across your networks
and, if possible, on your website.



At the start of this year we held a consultation, asking care experienced individuals and various organisations to come together to come up with ideas for what they wanted the theme to be this year.

The result?

Rising As Me

"Overcoming challenges, transforming and finding your identity"



Call to Action for #NCLM:

A working group from the Alliance has also agreed to a call to action to unite Care-Experienced individuals, the organisations that support them, and allies of the care-experienced community for a common purpose.

'This National Care Leavers' Month 2025, we're calling on the public, professionals, carers, decision-makers, and the media to CARE'.

Celebrate: *care leavers/care experienced individuals.*

Amplify: *their voices.*

Raise: *awareness of challenges.*

Encourage: *change in policy and practice.*



Social Media & Digital Assets #NCLM:

A working group from the Alliance has created lots of social media and digital assets including:

Logo

Posters

Instagram stories post

#NCLM Quote templates

To download the canva templates, use them and adapt them please [CLICK THIS LINK](#)

(To use it, click 'View template' and then 'Open in Editor'.)



#NCLM: Events, Campaigns and Activities

Name of your Event, Campaign or Activity	Description	Date/s and Time/s	Target Audience	Any other useful info	Contact Details
Become					
Free workshop: Well-being and support at uni	1-hour free online workshop about how to get support at uni, plus tips for your well-being, so you can thrive personally and academically	Wednesday 5th November 6pm–7pm	Care-experienced young people, 16-25	Become is National charity for children in care and young care leavers. @BecomeCharity (Instagram) @Become-Charity (LinkedIn)	https://becomecharity.org.uk/get-information/resources/wellbeing-and-support-at-university
Become					
Free workshop: Your Rights, Your Voice, Your Future	1-hour free online workshop to help you understand what your rights are when leaving care.	Wednesday 12th November 6pm–7pm	Care experienced individuals aged 16 - 25 years with supporting professionals	Become is National charity for children in care and young care leavers. @BecomeCharity (Instagram) @Become-Charity (LinkedIn)	https://becomecharity.org.uk/get-information/resources/wellbeing-and-support-at-university

#NCLM: Events, Campaigns and Activities

Name of your Event, Campaign or Activity	Description	Date/s and Time/s	Target Audience	Any other useful info	Contact Details
Rees Foundation				Key benefits of attending: • Find support for your mental health and wellbeing while working with young people in care and leaving care • Reconnect with yourself, your peers, and the young people you support • Recharge by stepping back from daily pressures and reflecting on the impact you make • Explore practical strategies to manage challenges and find out how Rees Foundation can help you lighten the load	
Recharge and Reconnect	Join Our FREE Recharge & Reconnect Session! We recognise the dedication you give to supporting young people. This November, take an hour to focus on your own wellbeing in a free session designed for anyone working with young people in care or leaving care - including Personal Advisors and Social Workers.	Thursday 6th November 10am-11am Via Zoom Spaces are limited.	All professionals working with/support care experienced individuals		www.reesfoundation.org or contact Sarah: sarah.collett@reesfoundation.org
Catch22/NLCBF/YPBMF				Here's what you can expect from our event. - Care Experienced Guest Speakers - YPBMF Champion Panels & YPBMF LedgeTalks - Performances - Awards - Fun activities and returning for the 10th year of course the chocolate fountain!	
Young People's Benchmarking Forum Annual Celebration Event - Rising Up as Me	November is National Care Leavers Month #NCLM and the Forum will be hosting it's 10th Annual Care Leaver Celebration Event on Wednesday 12th November in Birmingham. The Theme for #NCLM is "Rising up as me" and we also have an event sub theme 'A Fair Offer for All'. The event is for care experienced individuals aged 16 - 25 years from local authorities who are members of the National Leaving Care Benchmarking Forum.	Wednesday 12th November 10am - 3.45pm in Birmingham & Online (streamed live from the event)	Care experienced individuals aged 16 - 25 years with supporting professionals		nlcbf@catch-22.org.uk www.leavingcare.org

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Rees Foundation	This National Care Leavers Month, we're thrilled to celebrate the launch of our newest Café Connection! Join us for a relaxed and welcoming launch where you can meet the team, get creative at our crafts table, and enjoy some refreshments while connecting with others. Whether it's your first visit or you're already part of our community, the launch is a perfect chance to make new friends and share in the celebrations.	Wednesday 19th November 12pm-2pm Lime Café, Samuel Alexander Building, The University of Manchester, M13 9PL	All care experienced people and also professionals	Open to all care experienced individuals, not limited to The University of Manchester students. We will have activities, goody bags, information, Guest cards and cake!!	Speak with your worker and local leaving care team to find out more and be supported with travel.
Yorkshire an Humber	An event in Huddersfield to meet other young people from the region to share experiences, and enjoy spending time together as part of the Yorkshire and Humber care experienced community. Food, games, crafts all included.	Thursday 20th November 11am until 4pm at Hudawi Cultural Centre Huddersfield HD1 6BG	Care Experienced young people aged 16-25.		Speak with your worker and local leaving care team to find out more and be supported with travel.
Rising as me : a day event for young people in the Humber and Yorkshire region to come together.					

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Care Leaver Covenant	During the week, commencing 24 November, a range of organisations will illuminate their buildings in blue to celebrate the care experienced community and demonstrate their allyship. In recent years, iconic landmarks such as the London Eye and Blackpool Tower have taken part, creating powerful visual symbols of support and solidarity.	Week Commencing 24th November	Everyone	Email pictures to info@mycovenant.org.uk or tag CareLeaverCovenant across social media.	Visit www.mycovenant.org.uk for details about the 'National Light Up' where you will find a dedicated web page all about NCLM and over 40 other activities planned through November with Care Leaver Covenant partners.
National Light Up					
Barnardos	To mark National Care Leavers' Month 2025, Barnardo's will be holding a drop-in panel event exploring how the Children's Wellbeing and School's Bill can deliver real and tangible change in support for care leavers. The event will be chaired by broadcaster, TV presenter, author and inspirational speaker Ashley John-Baptiste and will include a panel discussion of key decisions makers, experts and care experienced young people to discuss changes that will be introduced by the Bill and in particular what young people want to see from an improved system of support. Canapés and refreshments will be served.	Tuesday 25th November 18:30 – 20:30 Venue: Attlee Suite, Portcullis House, 1 Victoria Embankment, London SW1A 2LW	Care-experienced individuals, professionals and those with an interest in children's social care reform.	To sign up for the event visit our event brite link https://www.eventbrite.com/e/beyond-the-bill-improving-support-for-care-leavers-tickets-1795835164319?aff=oddtcreator	Contact: nicola.smith4@barnardos.org.uk
Beyond the Children's Wellbeing and Schools Bill: improving support for care leavers					

#NCLM: All throughout November

Name of your Event, Campaign or Activity	Description	Date/s and Time/s	Target Audience	Any other useful info	Contact Details
Amplify Us	We are a small CIC creating podcasts and delivering podcasting workshops with youth orgs to raise young and marginalised voices. We have worked with Become, The Advocacy Academy and The Verbatim Formula amongst others. Check out our podcasts and if you are an organisation wanting to create a podcast with young people, get in touch!	All month	Everyone	We have a space in Brixton but also a remote podcasting studio and can run workshops in your space.	www.amplify-us.org or contact: Tamsin@amplify-us.org
Amplify Us podcasting workshops and production services					
Care Leaver Covenant	Events range from DIY workshops and wellbeing sessions to money management events and online Connects Drop-In sessions.	All month	Care-experienced young people aged 16-25	All details can we found at www.mycovenant.org.uk , including schedules and how to access each opportunity.	Visit www.mycovenant.org.uk or email connects@mycovenant.org.uk
Over 40 activities/events planned across the country with Care Leaver Covenant partners.					

#NCLM: Local Events

Name of your Event, Campaign or Activity	Description	Date/s and Time/s	Target Audience	Any other useful info	Contact Details
Leeds City Council	The Leeds Care Leavers Council is taking over the Corporate Parenting Board in November! Members will showcase their inspiring work, including a creative transition pack they developed for young people leaving care, and an HR resource designed to help care leavers confidently apply for work experience with Leeds City Council.	All month	Care Experienced young people aged 16–25, professionals, all care experienced individuals	The Care Leavers Council is a dynamic group of 17–25 year olds with experience in Leeds City Council care. Each year, they take over the Corporate Parenting Board, creating a unique space for young people and Board members to connect, share achievements, and receive valuable feedback and advice for future projects.	Email: vic@leeds.gov.uk
Corporate Parenting Board					
Cheshire East Council	We are running month-long programme of engaging, supportive, and inclusive activities for care leavers across Cheshire East. Events include sports, creative workshops, cooking sessions, training days, and social outings.	All month	Young people aged 16–25 who are care experienced	Activities will run across Cheshire East at venues including Crewe and Macclesfield Care Leavers Hubs, leisure centres, and community spaces. Sessions include EET support, bushcraft, bowling, graphic design, cooking, and participation events. Some activities have limited capacity and may require booking.	On our Facebook Page or via our Care Leavers App Called 'Junction 16+'
Rising as Me - Change the Narrative					

#NCLM: Local Events

Name of your Event, Campaign or Activity	Description	Date/s and Time/s	Target Audience	Any other useful info	Contact Details
Hull City Council	Hull's Annual Award Night for care experienced individuals	Thursday 13 th November	Care Experienced young people aged 16–25, professionals, all care experienced individuals	An evening to celebrate all the fantastic achievements of care leavers in Hull	@Room42
Blue Diamond Awards					
Hull City Council	Annual football match	Tues 25 th November	Young people aged 16–25 who are care experienced	Hull's annual YP vs OP football match Who will take home the Shield for 2025	On our Facebook Page or via our Care Leavers App Called 'Junction 16+'
Care To Dream					
Hull City Council	Planning meeting for Hull's Positivitree	Fri 28 th November	Care experienced individuals and professionals	Hull get together to discuss the next stage of their Positivitree Project - part of the National Leaving Care Benchmarking Forum campaign around growing your local offer	https://leavingcare.org/positivitree/
Positivitree					

Local Events for Care Experienced Individuals

*We want to celebrate the local events taking place
e.g. hosted by local authorities, charities etc for
their care experienced individuals.*

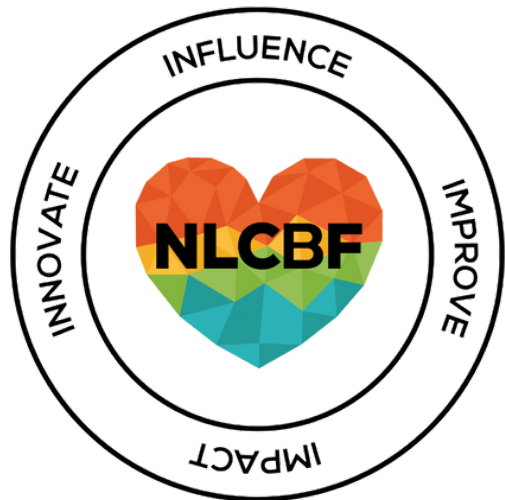
*This form is for local organizations and LA's to let
us know about what they are planning so that we
can amplify and celebrate your activities during
NCLM.*

To let us know about a local event you would like the
Alliance to Celebrate please complete this form
<https://forms.office.com/e/1fAz1d8D6P> by Monday
21st October





Big thank you to all the organisations and young people involved in helping shape this year's #NCLM



CARE LEAVERS
NATIONAL MOVEMENT



NHP
Living connected
and fulfilling lives

coram | better chances
for children
since 1739



BECOME.
THE CHARITY FOR CHILDREN IN CARE
AND YOUNG CARE LEAVERS



#NCLM - What Can You Do?

Saturday 1st November to Sunday 30th November 2025

Join an Event:

Come along to one of the many events listed

Social Media Boost:

Share content via your social media platforms using #NCLM

We will share and boost your activity leading up to and during National Care Leavers Week.

Contact Us:

To let us know about an event, campaign and activities you would like the Alliance to Celebrate please complete this form

<https://forms.office.com/e/1fAz1d8D6P> by Monday
21st October

